



2016-2017 SKATING SEASON
ESSEX SKATING CLUB OF NEW JERSEY, INC.
CLUB ICE SESSION GUIDELINES FOR SKATERS, PARENTS,
COACHES AND ICE MONITORS

By purchasing ice time or giving lessons on Club contracted sessions for the 2016-17 season you acknowledge that you have read and understand these guidelines and, in the case of a minor skater, you, as the guardian of said minor, have discussed items #17 through #33 with the skater and the skater understands these rules to the best of his or her age related ability.

The Essex Skating Club of New Jersey prides itself on being a skater friendly organization. We continually strive to encourage our skaters and professionals to improve their skills. Please adhere to our rules and continue the spirit of the Essex Club as established in May 1954.

1. All skaters on Essex Club sessions must be members in good standing of US Figure Skating and Essex Skating Club of New Jersey, Inc. All guests must be members in good standing of US Figure Skating either as an individual member or as a member of a USFS club.
2. For the 2016-2017 skating season, the Saturday sessions are split. The minimum **passed** test requirement for the High session on Saturday at 8:15 - 9:15 is juvenile MIF or pre-silver dance and above. The minimum **passed** test requirement for the Open session on Saturday at 9:15 -10:15 is pre-preliminary. The Low session on Saturday at 10:15 - 11:00 will accommodate skaters working on their pre-preliminary test through pre-juvenile MIF and pre-silver dance.
3. All coaches/professionals must be members of US Figure Skating and have registered as coaches with the management of Richard J. Codey Arena at South Mountain. This means coaches/professionals will have passed the annual background screening and carry liability insurance per US Figure Skating requirements. **No exceptions.** At the beginning of the season coaches should either email a copy of their Coach Compliance card to the Chairmen (see below) or otherwise deliver a photocopy of the card to either Chairman.
4. The co-Chairmen of the Ice Monitor committee for the 2016 -2017 skating season are Patrick Badalato and Ralph Panarello (ralphpanarello@yahoo.com).
5. The Ice Monitor Chairman, or the Ice Monitor on duty in the event of the Chairman's absence, has the discretion to cap a session at 25+/- paid skaters if he/she feels safety is in jeopardy. Skaters on a capped session will be determined by first paid – first skate with Essex Club skaters and season pass holders having priority over non-Club members and non-season pass holders.

6. Only figure skates are allowed on Club sessions. No hockey skates or rental skates are permitted at any time, with the possible exception of open house programs.
7. **Essex Skating Club may use Club ice sessions for Club activities.** Dates for activities using Club ice will be announced via the Club's email messaging system.

Fees

8. Fees for Club ice sessions will be set by the Board of Trustees on an annual basis and will reflect the cost of ice, the projected number of skaters and the number of weeks in the season. **We have limited ability to make change. Skaters and their guardians should arrive rinkside with exact amount cash or check or discount card to pay for the session. Please be aware that the Arena front desk staff may decline to break large bills or make change.** There is no prorated fee for skaters who are either late or want to skate for less than the allotted session.
9. Eleven session or full season discount cards will be available for purchase from the Ice Monitor Chairman or, in his absence, the Ice Monitor (only checks payable to "Essex Skating Club of NJ, Inc." or cash can be accepted). Essex Special Skaters should check in with the Ice Monitor at the start of each session.

Pricing for 2016 - 2017 Season

Pay as You Go:	ESC Members	Guests	Pro's Child
60 minute session	\$25.00	\$30.00	\$20.00
45 minute session	20.00	22.00	15.00
ESC Discount Card			
11 sessions for price of 10			
60 minute session	250.00	270.00	200.00
45 minute session	200.00	220.00	150.00
Season Pass	\$1,700.00		\$1,275.00

Our season pass offers frequent skaters the opportunity to skate on our Club sessions as often as they wish throughout the season. It is particularly attractive to those who skate more than twice a week. The season pass is personal and non-transferable.

10. All guests must be members of US Figure Skating. Ice Monitor Chairmen have the final say on whether the session can accommodate guests. The Ice Monitor may ask a guest to leave a session if, in the Ice Monitor's sole discretion, the guest poses a safety risk to the skaters on the session. If a guest is asked to leave for safety reasons the guest fee will be refunded. If a guest is asked to leave the session for behavior deemed to be inappropriate, in the Ice Monitor's sole discretion, the guest fee will be forfeited.
11. Home Club coaches/professionals can purchase Club ice sessions for their children at a 25% discount as shown above and as approved annually by the Board of Trustees.
12. Ice Monitors' children need not pay for the session when their parent is monitoring. A child who is unavailable to skate at the same time his/her parent is monitoring may be

granted a coupon to skate at a future session **only if approved ahead of time by one of the Ice Monitor Chairmen.**

Session Etiquette and Rules

13. Ice Monitors may not monitor from the ice.
14. Ice Monitors may not use their cell phones while they are monitoring.
15. Decision of the Ice Monitor is final for the session. Any appeals of the Ice Monitor's decision can be made first to the Ice Monitor Chairmen (ralphpanarello@yahoo.com) and if a further appeal is necessary, to the Board (lynn@gordonsocialwork.com).
16. Professionals should teach from the boards unless they are demonstrating or choreographing a program.
17. Skaters and coaches are expected to show courtesy to other skaters and coaches by their actions and words while on an Essex Club ice session.
18. Skaters and coaches may not bring food on to the ice or chew gum or suck on lozenges while skating. Beverages/water in nono breakable containers can be placed on the barrier and consumed at the barrier.
19. Barrettes, tissues, gloves, pads, skate guards etc. are hazards when they fall to the ice. None of these items should be placed on the boards facing the ice. **If you see an object on the ice pick it up immediately** and give to the Ice Monitor. Do not assume someone else will do this.
20. Please remove all personal belongings left on the benches, barriers, penalty boxes and locker room at the conclusion of the session. The Ice Monitors are not there to clean up after skaters. You, as a member of Essex Club, are responsible for the condition of the locker room after Club sessions.
21. Jumps should be landed in the corners and spins should be practiced in center ice. During Open sessions center ice should be kept clear for spins and moves patterns. The Ice Monitor understands that a skater on program cannot always adhere to this rule. Skaters learning basic forward and backward crossovers, etc. should not be in this part of the ice during Open sessions.
22. Skaters on MIF or dance patterns should notify skaters who may be unaware of the pattern by saying "excuse me" or "coming through." There is no need to speak rudely to any one. Some skaters are unaware of where a skater on a pattern is headed. Coaches can and should point out patterns to the more inexperienced skaters.
23. Intimidation of lesser skilled skaters by stronger skaters will not be tolerated. The Board has approved splitting the Saturday sessions between high and low skaters and if anyone would like to suggest additional sessions for a split please notify the Board at lynn@gordonsocialwork.com.
24. Deliberately challenging, scaring or intentionally blocking another skater is prohibited. Any skater engaging in this behavior will be asked to leave the ice immediately.

25. All music should be submitted on CD. **The Ice Monitor will not take responsibility for the safe return of iPods, phones, iPads, etc.** To avoid damage to the speakers, MP3 devices may only be connected by the Ice Monitor at his or her sole discretion. We urge skaters and their coaches to transfer their music to CD for use on our sessions.
26. Order of music is coach, coach, skater, coach, coach, skater, etc.. Skaters whose music is playing **ARE REQUIRED** to wear an orange/yellow vest. **See #27 below.** Keep in mind that all skaters need to have an opportunity to play their program, but program music should not be played more than 3 times on a session and not consecutively. The Ice Monitor has the discretion to replay a skater's music on request. The Ice Monitor may refuse the request if he/she feels that the request is preventing other skaters from having their music played.
27. A skater whose music is being played ALWAYS HAS THE RIGHT OF WAY. Coaches can help by pointing this skater out to inexperienced skaters.
28. The traditional etiquette on a skating session is to yield:
1. To the skater whose music is playing;
 2. To a skater on lesson;
 3. To a skater on a pattern.
- It is each coach's responsibility to be sure his or her skaters are taught how to do this.
29. Please do not congregate in groups on Club ice. The Ice Monitor may ask the group to break up or leave the ice.
30. Props, puck skating, skating with cones, etc. are prohibited.
31. Pairs or two synchro style skaters skating together is acceptable but only if they are on lesson with a coach. In any case, no more than two skaters can skate together on any Club session.
32. Blocks/block work/no hold blocks etc. are prohibited at all times.
33. On all Club sessions lifts and throws are permissible only if being supervised on lesson by a coach and the coach is present to monitor the elements. The Ice Monitor may discontinue lifts and throws if, in his or her sole discretion, it is thought to be too dangerous to other skaters on the ice.